



LYTHRODONTAS MTB by "Agios Mnason" 2020



27/06/2020 | RESULTS

MEN ELITE (Men)				27.90 km, 3 laps of 9.30 km, winner: 1:22:12 - 20.36 km/h						
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2	Lap 3
1	1	MILTADIS	Andreas	ELITE CYCLING	1:22:12		20.36	26:28	27:21	28:23
2	4	MATSANGOS	Alexandros	ELITE CYCLING	1:28:48	6'36"	18.85	28:26	29:27	30:55
3	2	PROCOPIDES	Petros	APOEL	1:32:55	10'44"	18.01	28:58	31:38	32:20
4	3	ARCHIMANDRITES	Armando	ELITE CYCLING	1:33:53	11'41"	17.83	30:14	32:43	30:56
5	6	THYMIDES	Constantinos	APOEL	1:34:39	12'28"	17.68	30:30	32:55	31:15
6	17	SOFRONIOU	Charalambos	THOI FILIAS	-1 LAP	1 LAP	13.89	35:00	45:22	
7	14	KOUTSIOU	Eirinaios	IRAKLITOS	-1 LAP	1 LAP	13.90	39:38	40:47	
DNF	37	ROKVA	Giorgi	OMONOIA						

Total: 8 Starters, 1 DNF, 2 Lapped

MEN JUNIOR (Men)				27.90 km, 3 laps of 9.30 km, winner: 1:30:08 - 18.57 km/h						
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2	Lap 3
1	61	PHILOKYPROU	Christos	AGIOS MNASON	1:30:08		18.57	28:12	30:20	31:37
2	68	PAVLIDES	Konstantinos	OMONOIA	1:34:16	4'08"	17.76	28:59	31:38	33:39
3	69	HADJIPAVLI	Giorgos-Loizos	POL	1:39:51	9'42"	16.77	30:28	33:47	35:36
4	66	THEOPHANOUS	Stavros	ELITE CYCLING	1:44:31	14'22"	16.02	33:03	35:17	36:11
5	88	MICHAEL	Grigoris	ELITE CYCLING	1:44:36	14'28"	16.00	32:06	34:22	38:08
6	62	SAVVA	Andreas	AGIOS MNASON	1:53:45	23'36"	14.72	31:04	38:20	44:21
7	60	HADJICOSTA	Ioannis	AEK IDALIOU	1:59:36	29'27"	14.00	37:09	38:02	44:24

Total: 7 Starters, 0 DNF, 0 Lapped

WOMEN JUNIOR (Women)				18.60 km, 2 laps of 9.30 km, winner: 1:10:01 - 15.94 km/h						
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2	
1	96	LAZAROU	Kalia	ELITE CYCLING	1:10:01		15.94	34:18	35:43	
2	90	KAMILARI	Styliaana	ELITE CYCLING	1:14:38	4'36"	14.95	36:44	37:54	
3	98	KOUKOUMA	Eleni	OMONOIA	1:23:14	13'12"	13.41	39:51	43:22	
4	97	STYLIANOU	Stavriana	ELITE CYCLING	1:26:39	16'38"	12.88	40:38	46:02	

Total: 4 Starters, 0 DNF, 0 Lapped



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CADET BOYS U17 (Men)				18.60 km, 2 laps of 9.30 km, winner: 1:02:32 - 17.84 km/h					
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2
1	107	SERGIUO	Alexandros	BIKIN CYPRUS	1:02:32		17.84	30:10	32:23
2	116	ACHAS	Christodoulos	POL	1:02:38	0'06"	17.82	30:11	32:27
3	106	KOUZIS	Giorgos	BIKIN CYPRUS	1:02:40	0'08"	17.81	30:34	32:05
4	102	MILTIADOUS	Nearchos	AGIOS MNASON	1:04:12	1'40"	17.38	31:04	33:08
5	123	KASAPIS	Andreas	ELITE CYCLING	1:06:35	4'03"	16.76	32:08	34:27
6	124	COLOMBOS	Alexandros	BIKIN CYPRUS	1:09:39	7'07"	16.02	33:16	36:23
7	119	CHRISTODOULOU	Charalampos	POL	1:11:18	8'46"	15.65	34:13	37:05
8	100	IOANNIDES	Marios	AGIOS MNASON	1:13:05	10'33"	15.27	39:37	33:28
9	120	MICHAIL	Stefanos	POL	1:14:42	12'10"	14.94	36:03	38:39
10	109	MICHAEL	Ioannis	ELITE CYCLING	1:17:06	14'34"	14.47	37:23	39:43
11	113	EVANGELOU	Phivos	BIKIN CYPRUS	1:22:08	19'36"	13.59	39:29	42:39
12	117	ALEXANDROU	Alexandros	POL	1:22:35	20'03"	13.51	38:37	43:58
13	118	ATHANASIADIS	Andreas	POL	1:23:41	21'09"	13.34	39:24	44:16
14	114	TSANGARIS	Christos	BIKIN CYPRUS	1:31:56	29'24"	12.14	42:48	49:08
15	104	HERODOTOU	Paris	BIKIN CYPRUS	1:38:17	36'45"	11.39	44:48	53:29
16	85	MICHAELIDES	Alexander	ELITE CYCLING	1:53:09	50'37"	9.86	49:46	1:03:23
17	110	PETROU	Andreas	ELITE CYCLING	1 LAP	1 LAP	7.8	1:11:28	
DNF	101	PITSILLOS	Constantinos	AGIOS MNASON					
DNF	121	DIMITRIOU	Paraskevas	TOCHNI CYCLING					
DNF	122	PAVLOU	Andreas	TOCHNI CYCLING					

Total: 20 Starters, 3 DNF, 1 Lapped

CADET GIRLS U17 (Women)				9.30 km, winner: 34:22 - 16.24 km/h					
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	
1	150	GEORGIOU	Constantina	AEK IDALIOU	34:22		16.24	34:22	
2	155	KANARKOTI	Stavriana	POL	40:44	6'22"	13.70	40:44	
3	153	AGAPIOU	Nektaria	AGIOS MNASON	41:04	6'42"	13.59	41:04	
4	154	SOFRONIOU	Thea	AGIOS MNASON	43:13	8'52"	12.91	43:13	
5	157	SOLONOS	Chrysovalanto	SPOKO	47:17	12'55"	11.80	47:17	

Total: 5 Starters, 0 DNF, 0 Lapped



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CADET BOYS U15 (Men)				9.30 km, winner: 34:34 - 16.14 km/h				
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1
1	177	PANTELI	Chrysanthos	OMONOIA	34:34		16.14	34:34
2	176	NIKIFOROU	Panagiotis	OMONOIA	35:34	1'00"	15.69	35:34
3	173	SERGIU	Markos	BIKIN CYPRUS	37:45	3'11"	14.78	37:45
4	178	CHRYSOSTOMOU	Vasilis	TOCHNI CYCLING	37:53	3'18"	14.73	37:53
DNF	171	PRODROMOU	Christodoulos	AEK IDALIOU				

Total: 5 Starters, 1 DNF, 0 Lapped

CADET GIRLS U15 (Women)				9.30 km, winner: 1:25:28 - 6.53 km/h				
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1
1	197	LEONIDOU	Artemis	BIKIN CYPRUS	1:25:28		6.53	1:25:28

Total: 1 Starters, 0 DNF, 0 Lapped



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MASTERS 1 MEN (Men)				18.60 km, 2 laps of 9.30 km, winner: 1:03:59 - 17.44 km/h					
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2
1	220	SKETTOS	Timotheos	ELITE CYCLING	1:03:59		17.44	30:51	33:08
2	225	DEMOSTHENOUS	Constantinos	SPOKO	1:04:12	0'12"	17.38	31:13	32:59
3	221	LACCOTRIPES	Kyriakos	Faros	1:09:51	5'51"	15.98	33:57	35:54

Total: 3 Starters, 0 DNF, 0 Lapped

MASTERS 2 MEN (Men)				18.60 km, 2 laps of 9.30 km, winner: 1:08:25 - 16.31 km/h					
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2
1	283	PETRAKIS	Petros	POL	1:08:25		16.31	32:35	35:49
2	285	DIAMANTOPOULOS	Dionysis	THOI FILIAS	1:09:03	0'38"	16.16	33:24	35:39
3	282	PANTELI	Michalis	OMONOIA	1:10:26	2'01"	15.85	32:40	37:46

Total: 3 Starters, 0 DNF, 0 Lapped

MASTERS 3 MEN (Men)				18.60 km, 2 laps of 9.30 km, winner: 1:23:31 - 13.36 km/h					
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2
1	307	ANDREOU	Vasos	APOEL	1:23:31		13.36	40:37	42:54
2	310	VASILAS	Efstathios	AG. MNASON	1:41:02	17'31"	11.05	47:51	53:11

Total: 2 Starters, 0 DNF, 0 Lapped



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CFA 19-29 (Men)				18.60 km, 2 laps of 9.30 km, winner: 3:20:16 - 5.57 km/h					
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2
1	472	SOFRONIOU	Giorgos		3:20:16		5.57	1:40:08	1:40:08
Total: 1 Starters, 0 DNF, 0 Lapped									

CFA WOMEN (Women)				18.60 km, 2 laps of 9.30 km, winner: 1:11:17 - 15.66 km/h					
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2
1	470	BISKEI	Anna		1:11:17		15.66	34:17	37:00
Total: 1 Starters, 0 DNF, 0 Lapped									

CFA 30-39 (Men)				18.60 km, 2 laps of 9.30 km, winner: 1:05:11 - 17.12 km/h					
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2
1	474	FATTAS	George	POP	1:05:11		17.12	32:46	32:25
2	456	FRANGO	Marios	Faros	1:14:45	9'33"	14.93	36:41	38:04
3	458	CHRISOSTOMOU	Christos	Tochi	1:19:34	14'22"	14.03	38:18	41:16
Total: 3 Starters, 0 DNF, 0 Lapped									

CFA 40+ (Men)				18.60 km, 2 laps of 9.30 km, winner: 1:13:16 - 15.23 km/h					
Pos	Bib	Last Name	First Name	Team	Time	Gap	km/h	Lap 1	Lap 2
1	473	POUMBOURIS	Michalis	APOEL	1:13:16		15.23	34:58	38:18
2	471	SOTERIOU	Aimilios	FAROS	1:21:08	7'52"	13.76	38:59	42:09
3	475	PANAGIDES	Demetris	FAROS	1:21:36	8'20"	13.68	38:57	42:39
Total: 3 Starters, 0 DNF, 0 Lapped									