

ΠΑΓΚΥΠΡΙΟ ΠΡΩΤΑΘΛΗΜΑ ΟΡΕΙΝΗΣ ΠΟΔΗΛΑΣΙΑΣ ΧΣΟ 2019

ΤΡΟΟΔΟΣ 21-7-2019 10:00 & 12:00

3.7km/+150m altitude gain per lap



ELITE MEN / ΑΝΔΡΕΣ								7 Laps /25.9km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
1	1	100 106 643 24	Andreas	Miltiadis	ELITE CYCLING	1:37:30			
2	25	100 153 336 60	Petros	Procopides	KMEATERS	1:49:22	11:52.0	11:52.0	
3	3	100 108 050 73	Armando	Archimandrites	ELITE CYCLING	1:54:57	17:26.6	05:34.6	
4	10	100 158 552 38	Alexandros	Matsangos	KMEATERS	-1 Lap			
5	4	100 111 460 88	Pantelis	Christoforou	ELITE CYCLING	-1 Lap			
6	29	100 142 484 72	Constantinos	Thymides	APOEL	-2 Laps			
	13	100 542 531 91	Georgios	Fattas	AEL	DNF			
	11	100 547 294 04	Stephano	Iakovou	APOEL	DNS			

ELITE WOMEN / ΓΥΝΑΙΚΕΣ								4 Laps /14.8km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
1	31	100 547 302 12	Georgia	Giagkoulla	IRAKLITOS	1:21:26	-2 Laps		

JUNIOR MEN / ΕΦΗΒΟΙ								6 Laps /22.2km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
1	81	100 542 541 04	Christos	Phylokyprou	AGIOS MNASON	1:32:19			
2	87	100 837 331 11	Stavros	Theophanous	ELITE CYCLING	1:35:21	03:01.2	03:01.2	
3	60	100 774 552 88	Iacovos	Christodoulou	ELITE CYCLING	-1 Lap			
4	75	100 898 707 83	Alexandros	Hajigeorgiou	ELITE CYCLING	-2 Laps			
	80	100 542 542 05	Konstantinos	Pavlidis	OMONOIA	DNF			
	73	100 774 554 90	Eirineos	Demetriades	ELITE CYCLING	DNS			

JUNIOR WOMEN / ΝΕΑΝΙΔΕΣ								3 Laps /11.1km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
1	51	100 640 863 65	Eleni	Andreou	APOEL	1:16:39			
2	50	100 774 597 36	Maria	Agapiou	AGIOS MNASON	1:20:09	03:31	03:31	

CADET BOYS / ΠΑΙΔΕΣ								4 Laps /14.8km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
1	132	CYP20041009	Alexandros	Sergiou	BIKIN CYPRUS	1:04:10			
2	122	CYP20041230	Giorgos	Kouzis	BIKIN CYPRUS	1:05:07	00:57	00:57	
3	111	CYP20040815	Marios	Ioannides	AGIOS MNASON	1:07:12	03:01	02:04	
4	109	100 899 124 15	Giorgos-Loizos	Hadjipavli	APOEL	1:10:14	06:04	03:03	
5	101	CYP20030716	Erodotos	Charalambous	BIKIN CYPRUS	1:10:31	06:21	00:17	
6	114	CYP20040308	Andreas	Kasapis	OMONOIA	1:12:09	07:58	01:37	
7	129	CYP20040202	Constantinos	Pitsillos	AGIOS MNASON	1:17:56	13:46	05:48	
8	123	CYP20031120	Grigoris	Michael	OMONOIA	-1 Lap			
9	112	CYP20040211	Markos-Paraskevas	Ioannou	BIKIN CYPRUS	-1 Lap			
10	108	CYP20031019	Ioannis	Hadjicosta	AEK IDALIOU	-1 Lap			
11	127	CYP20030327	Stavros	Pashardis	POL	-1 Lap			
12	103	CYP20040420	Andreas	Christodoulou	BIKIN CYPRUS	-2 Laps			

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ΤΡΟΟΔΟΣ 21-7-2019 10:00 & 12:00

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CADET GIRLS / ΚΟΡΑΣΙΔΕΣ								3 Laps /11.1km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
1	147	100 774 622 61	Kalia	Lazarou	ELITE CYCLING	1:00:41			
2	143	100 831 781 87	Constantina	Georgiou	AEK IDALIOU	1:01:58	01:18	01:18	
3	144	CYP20030922	Styliana	Kamilari	ELITE CYCLING	1:06:40	05:59	04:42	
4	145	CYP20041214	Stavriana	Kanarkoti	POL	1:13:43	13:02	07:03	
5	149	CYP20030421	Stavriana	Stylianou	ELITE CYCLING	1:19:42	19:01	05:59	

CADET BOYS U15 / ΠΑΜΠΑΙΔΕΣ								3 Laps /11.1km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
1	160	CYP20050903	Christodoulos	Achas	POL	0:52:57			
2	163	CYP20050704	Charalampos	Christodoulou	POL	0:55:20	02:22	02:22	
3	162	CYP20050621	Andreas	Athnasiadis	POL	0:56:22	03:25	01:02	
4	169	CYP20050205	Nearchos	Miltiadous	AGIOS MNASON	0:57:43	04:46	01:21	
5	164	CYP20050408	Alexandros	Colombos	BIKIN CYPRUS	1:02:27	09:30	04:44	
6	167	CYP20050923	Stefanos	Michail	POL	1:12:10	19:13	09:42	
7	170	CYP20050408	Andreas	Pavlou	TOCHNI CYCLING	1:14:05	21:08	01:55	
8	161	CYP20051110	Alexandros	Alexandrou	POL	1:15:11	22:13	01:06	
9	85	CYP20050805	Alexander	Michaelides	ELITE CYCLING	-1 Lap			
	166	CYP20050805	Fivos	Evangelou	BIKIN CYPRUS	DNF			
	176	CYP20050722	Christos	Tsangaris	OMONOIA	DNS			

CADET GIRLS U15 / ΠΑΝΚΟΡΑΣΙΔΕΣ								2 Laps /7.4km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
1	190	CYP20050603	Kyriaki	Anniva	AEK IDALIOU	0:49:00			
2	195	CYP20050603	Chrysovalanto	Solonos	SPOKO	1:13:52	24:52	24:52	
3	191	CYP20050519	Nafsika	Argyrou	AGIOS MNASON	1:17:43	28:43	03:51	

MASTERS 1 MEN								3 Laps /11.1km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
1	215	100 045 779 76	Timotheos	Skettos	ELITE CYCLING	0:56:08			
2	212	CYP19851206	Kyriacos	Laccotripes	FAROS CYCLING	0:56:24	00:16	00:16	
3	209	CYP19851016	Constantinos	Demosthenous	POP	1:02:20	06:12	05:56	
	208	CYP19800306	Lefcos	Clerides	THOI FILIAS	DNS			

MASTERS 2 MEN								3 Laps /11.1km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
1	273	CYP19760825	Petros	Petrakis	POL	0:56:49			
2	266	CYP19771215	Antreas	Exadaktylos	OMONOIA	0:57:49	01:01	01:01	
3	272	CYP19770227	Michalis	Panteli	ELITE CYCLING	1:02:33	05:45	04:44	
4	253	CYP19790108	Constantinos	Chrysostomou	OMONOIA	1:09:11	12:22	06:38	
	276	CYP19730804	Dionysis	Diamantopoulos	THOI FILIAS	DNF			

MASTERS 3 MEN								2 Laps /7.4km	
POS.	No.	UCI-CCF LICENSE	SURNAME	NAME	CLUB	TIME	DIFF	GAP	
	304	CYP19681210	Efstathios	Vasilas	AGIOS MNASON	DNS			